

LIFE, LEADERSHIP & CAREER TRANSITION COACH & MENTOR,
HR & OPERATIONS LEADER & MANAGEMENT CONSULTANT,
AND FORMER ARMED FORCES OFFICER



An International Coaching Federation (**ICF**) accredited Professional Certified Coach (**PCC**), Lieutenant Colonel C P Prem Vas brings over three decades of combined experience from the Indian Armed Forces and corporate sector. Specializing in leadership development, career transitions, and organizational transformation, he focuses on cultivating future leaders and refining operational & HR excellence.

Career & Leadership Experience

In the Indian Armed Forces, Prem led elite teams, commanding an *Artillery Regiment* and led a *Commando Team*, honing his leadership skills in high-pressure environments. After his military service, Prem transitioned into the corporate sector, equipped with a management education from the Indian Institute of Management, Ahmedabad (**IIM-A**). He took on leadership roles as *Head of Administration*, *Chief of Operations*, and *Head of HR Centre of Excellence* across four diverse industries. Notably, as *Head of HR for an IT company*, he spearheaded initiatives that positioned the company for its next growth phase, with measurable results in employee engagement, operational efficiency, and leadership development. In his *Management Consultant* role with Abanel, Prem drove strategic HR interventions that directly contributed to the client's operational resilience and workforce agility.

Expert Coach & Mentor

Prem specializes in **Leadership, Life, and Career Transitions**. He brings a results-oriented approach, applying real-world experience rather than academic theory to deliver Return on Learning Initiatives (**ROLI**). His leadership coaching has yielded *improved team dynamics* and *enhanced productivity* across organizations, including *MSP Hitect (Malaysia)*, *Bally Tech*, *Scientific Games*, *MobME*, *Green Joules*, and the *National Power Training Institute*. Prem has been particularly instrumental in transforming organizational culture by refining leadership practices and enabling leaders to adapt to changing business environments.

He has also contributed significantly as a Leadership Coach for the *Central Bank of India*, where he worked with *Wal Chand Group of Ericson Coaching* to groom *Regional Managers* over a six-month extended engagement. He has coached & mentored *first-time managers at Nuvoretail*, a fast-growing e-commerce startup, where his leadership mentoring is aimed at refined leadership skills, better conflict resolution, and enhanced team collaboration.

Currently, he is involved with Ericsons in *coaching & mentoring three C-Suite leadership executives* of Hindustan Zinc Ltd. (HZL) Through focused coaching, he improved their strategic decision-making, team leadership, and personal growth.

Thought Leader & Educator

Prem's passion for grooming future leaders is also evident in his interactions with more than 300+ transitioning Armed Forces officers, where he has conducted *24 career transition webinars* for premier institutions, including the **IIMs** (Ahmedabad, Bangalore, Kolkata, Indore, Lucknow, Shillong, Bangalore & Rohtak), **FMS & IIFT Delhi, IIT Jodhpur**, and other national universities and institutes.

His coaching covers essential career transition strategies, including decision-making, adapting to corporate culture, CV preparation, LinkedIn networking, and interview success. Prem has empowered over 10,000 career aspirants especially the Armed Forces to navigate the complexities of career transitions successfully.

His popular webinars, such as "How to Sharpen Your Interview Skills as You Move Up Your Career" and "Secrets of Successfully Navigating Career Pitfalls, "Game-changing trends of Job Opportunities of 2025 & beyond" and "Ace Your Performance Reviews" hosted by **Simplilearn**, attracted over **15,500 viewers from 47 countries**, further solidifying his reputation as a global thought leader.

Author & Speaker

An **International Author**, Prem's book "**How to Sharpen Interview Skills**" has gained widespread readership across the US, UK, Australia, UAE, Europe, and India, helping students and professionals alike refine their career trajectory. The book has been reviewed in *IIM Ahmedabad's WIIMWIAN magazine* and was featured in the *8th Annual Grad Festival in the USA*, reaching over *10,000 graduating students*.

Awards & Recognition

For his contributions to grooming leadership and career coaching, Prem was honored with the Indian Achievers' Award 2021 in the **Man of Excellence** category. His ability to inspire and groom leaders through evidence-based coaching, combined with his military and corporate experience, has made him a trusted advisor and mentor for leadership teams globally. Recently, he was felicitated by 'Best of HR Forum' for his contribution and value to the career transitioning veterans and corporate professionals.

Additional Contributions

Prem has also contributed to the *Kerala State's Task Force (Avengers)* by conducting specialized sessions on *Mental Toughening*, preparing commandos to perform under extreme conditions with mental resilience and leadership.

Interests

In addition to his professional endeavors, Prem enjoys experimenting with well-being strategies, listening to music, and engaging in freelance writing, blending his personal passions with his professional expertise to stay ahead in leadership and coaching trends.

Coordinates

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