

COACHING TESTIMONIALS OF LIEUTENANT COLONEL PREM VAS

You could access my Associate Coaching Certificate (ACC) accreditation from International Coaching Federation (ICF) via this link for verification:

https://www.credly.com/badges/154bd89f-4e0c-4158-bc11-2ee11f708d66/public_url

(The coaching ethics do not permit me disclose the identity of my clients or any information that can be connected to them. Hence, the feedback has been masked accordingly)

Armed Forces Officer (Army)

It gives me great pleasure to inform you that I have cleared my interview with LIC for the post of Zonal Security Officer.

It would not have been possible to clear the interview without your constant guidance and workshops. Now that I have been declared medically fit by the medical officer, I am awaiting the appointment letter. Thank you very much.

Managing Director, Doha, Qatar

I attended Lt Col Prem Vas coaching sessions. I can proudly say that it was a great session. I got clarity on my purpose. It was great comfort to me. It reminded me what is important and to focus on my goals. Apart from that, I could handle a lot of my limitations and unwanted thoughts.

Armed Forces Officer (Air Force) on LinkedIn

Transition from Military to Corporate is a big step for any Armed force personnel. The first step towards journey is showcasing our skills or experience in corporate lingo in a resume. Being in Air Force for a decade, I was completely unaware how to create a resume and how can I show my experience and skill which corporate can understand.

Col Prem Vas with experience of both worlds was a great guide for me. He helped me in creating my resume, in understanding the power of LinkedIn and also in how to prepare for the interview. I was successfully able to transition to corporate world thanks to guidance from Col Prem Vas. I highly recommend him for CV making and Interview preparations especially for veterans.

Principal Designer, 3 times interview failure

Thank you very much for tips on interview the other day. Had an interview in the evening same day, and went very well. Your inputs and guidance helped a lot.

Armed Forces Officer (Army) on LinkedIn

The effort and attention to details that you go through in your sessions are a reflection of your excellent work ethos. The positive impact you have on people who interact with you is unbelievable. Every session that we have helps me to clarify my mind and the way you guide me in

these sessions is beyond words.

Really grateful for all the hand holding, being my mentor, guide and most importantly life coach. May you touch more lives and help them to bloom.

MBA Grad, appearing for placement Interviews after multiple rejects

Thank you very much for your guidance. It helped me a great deal in my interviews and your book was a savior in terms of improving my responses, body language and all-in-all, refining all aspects that go into a successful interview.

I would like you to know that I got placed with KPMG as a result of your kind guidance. I am eternally grateful to you for the same.

Armed Forces Officer (Army) on LinkedIn

I had first contact with Col Vas after I re-attired and I instantly had a pang of regret, and a sense of missed opportunity. I wish I had someone astute, experienced and mature like him to guide me in my own transition from military to corporate. I heard him address the transitioning officers during a workshop where I assisted, and the precious advice rendered in the most lucid manner by him made an impact. He covered aspects which take years to understand through own experience. He is a valuable coach, mentor and guide. He also happens to be an author with considerable experience of military and corporate both. He has great insight into career transition and interview related affairs which can be like boosters to any candidate's efforts. It is great to see his concern for fellow officers from armed forces whom he assists in multiple ways towards a successful and fruitful transition. His sagacious advice has helped remove cobwebs of doubts from many a mind. I hope his efforts keep benefitting lot many aspirants in future.

An MNC Client

Excellent Prem. You are intrinsically a very good coach. Your ability to articulate a solution always resonates well with the person you are talking to. The ACC certification is an added feather to your cap.

Armed Forces Officer (Navy)

I recently had an opportunity to attend few sessions on preparation of interview and a mock interview, with feedback, with Lt Col Prem Vas as I was transiting from a military life to a corporate career. I would like to extend my gratitude for the super information, eye opener and dynamic session.

Not only it gave me an overall expectation of an interviewer but also an insight of how to prepare all aspects related to a specific interview process. As a result, my very first interview was successful one as I got the job immediately.

Not to forget, the book authored by Lt Col Vas was also very helpful and is a must read for job seekers. I'll be forever grateful for the guidance and will surely recommend your session to required personnel.

A client from USA

You are an amazing coach!

Career Coaching

I am (...) and I did a few sessions with you for career coaching. I am glad to say that this session proved worthwhile and a lot helpful.

The session helped in figuring out what course would be best for me and even narrowed down my choice of career. The sessions even helped me choose that I would find interest in rather than I will be forced to choose just because it has better career options.

Thank you so much sir for your valuable guidance and your time to help me build a path for my future.

Armed Forces Officer (Air Force)

I, having spent 20 years in the Air Force, was at crossroads to decide on future course of action. While I was looking for someone, I reached out to Col Prem Vas through VAS ViBES.

I had about three sessions with him to understand my strengths weaknesses and requirements and in the end we could work out a workable plan.

So the best part of him was about his ocean of experience in handling human behavior more than his credentials or certifications. It was a worthy interaction and I think it was worth it.

Armed Forces Officer (Army)

At the very outset I would like to thank you for the help you have provided me in preparing my Resume and LinkedIn profile. It was a tremendous experience for me to go through the process of the entire program. You have given individual online sessions which has really given me a lot of confidence.

Best part was that you understood my specific future requirements and my past experience in the forces. Your patience, experience and knowledge was very helpful. I am really thankful to you for this. You are really a Mentor!

Armed Forces Officer (Air Force)

It was indeed privileged to have been associated with you since our interaction on a webinar delivered by you and your team on Resume Building and Mock Interview session. I am grateful to you for successive reiterations of my resume, gone over by you and finally refining it to a level where I can now pitch to any level in the corporate world.

Your tips to crack an interview and well-written book HOW TO SHARPEN YOUR INTERVIEW SKILLS also is a great piece for all to keep, it comes in handy to offer it as a wonderful gift too.

Armed Forces Officer (Navy)

Thank you so much for grooming my interview sessions. The interview preparation and mock interviews enabled me to get through three stages of intense interviewing with various panels in my first ever corporate opportunity. I will be joining a fortune 500 company next Monday. Thank you for your insightful coaching that gave me immense clarity at each step of the transitioning process.

Naval CPO

As you guided me, I had applied to many positions. Also, I had followed on LinkedIn as advised and made requests to many including the MD Mr.....ofHe responded positively, and I had interview with his HR team, QA department head and today with himself. He has found me suitable for a position in QA Dept.

I sincerely thank you wholeheartedly for your guidance Sir. I was in very low confidence. That session with you has given me a good perspective Sir. Thank you a lot.

Entrepreneur, Potential Author

Prem Sir's methodical approach to writing a book, the discipline associated with it and his ability to understand the depth of the author's mind is phenomenal. Being an International Author himself, his connect and empathy of writer's challenge are just what is needed to make the art of writing a book seem so easy!

Career Coaching,

It was good time spent with Prem Vas sir. I was unclear about my future plans before the sessions. Now I am 85% (8.5/10) sure about my career plans.

I learnt how to organize my thoughts and future steps based on actual data. I have found a road to move forward on. How long I am able to walk that road is unclear, but I have chosen a road based on my interest and a good destination.

I will suggest the classes to anyone I know stuck with their career decisions. The sessions were clear, friendly and relaxing.

Armed Forces Aspirant

Our sessions were productive. My key takeaway was the importance of making realistic decisions. This was my first professional coaching session; I now sincerely appreciate the power of coaching.

Your military experience does not influence your sessions – I strongly commend that. In fact, it supplements your coaching skills. The coaching sessions helped me plan better, but the conversations about the army were the fuel that will propel me.