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QÍKISOL KINESIO

Mobile kinesiology & neuro-somatic care

Pain Relief, Built Different.

Clinical kinesiology and neuro-somatic care brought to your home. We find the root cause of chronic pain and stress instead of briefly masking it, outside of insurance limits, on your body's timeline.

WHY QÍKISOL

The opposite of the assembly-line clinic.

Most care is built for volume: crowded waiting rooms, rushed visits, and treatments that manage symptoms without asking why they keep coming back. QíKiSol treats your whole kinetic chain and nervous system, with up to two uninterrupted hours in a single session.

Beyond Physical Therapy

No visit caps. The whole kinetic chain, not just the injured joint, on your body's timeline.

Beyond Chiropractic

No short, isolated visits. Your nervous system, alignment, and organ pathways get real time.

Beyond Massage

We find the neural misfires behind chronic tension and reset how your body moves.

🕒 Book Online

Pick your region and session at qikisol.com. No phone tag.

📁 Intake in Your Portal

Secure intake before your visit. No clipboards.

🏠 Doc Comes to You

Everything is brought to your home. Come as you are.

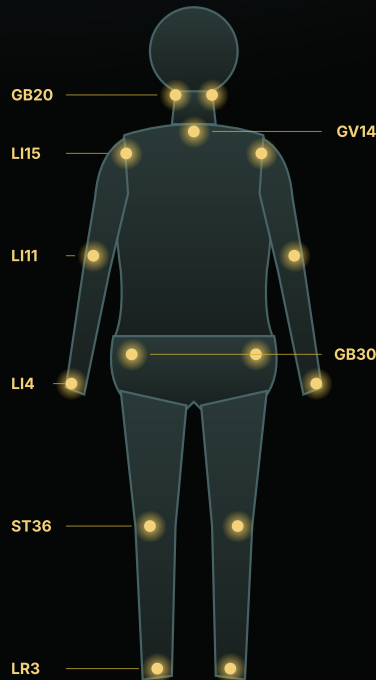
YOUR PRACTITIONER · DOC QIKI

[MS Kinesiology, Texas A&M–Corpus Christi](#)[Navy FMF Corpsman](#)[FEMA Disaster Relief](#)[Neuro-Somatic & Visceral Specialist](#)

MERIDIAN MAP

Where Does It Hurt?

You don't need a diagnosis to book. If it hurts, tightens, or keeps coming back, that's reason enough. These are the points we work most, the same ones on the map at qikisol.com.



Head, Neck & Spine

GB20 · GV14

- Tech neck & cervical compression
- Tension headaches & chronic migraine
- Mid-back stiffness & whiplash
- TMJ & lockjaw

Upper Extremities

LI15 · LI11 · LI4

- Shoulder impingement & frozen shoulder
- Tennis elbow
- Carpal tunnel & wrist nerve entrapment

Lower Body & Hips

GB30 · ST36 · LR3

- Sciatica & piriformis compression
- Hip flexor, quad & hamstring tension
- Runner's knee & calf/Achilles strain
- Plantar fasciitis & arch pain



Tap where it hurts

Scan for the live body map. Tap your area to see the conditions we treat and the meridians we work.

SESSIONS

Neuro-Somatic Stretch

60 min · \$175

Applied kinesiology triage and neuromuscular stretch therapy. Where most guests start.

Visceral Acupressure

90 min · \$250

Deep, calming work on the organ and stress patterns behind chronic tension.

Human Optimization

40 min · \$175

Telehealth or in person: nutrition, stress patterns, and functional labs.

Plus the regional travel fee. **Add-ons:** Cranio Release +\$45 · Frequency Recovery +\$60 · Astro-Locality Mapping +\$150



WHAT TO EXPECT

Your First 90 Days

Hands-on sessions at your home, a little daily practice, and time for your nervous system to adjust. This is a two-way partnership: you're an active part of your results.

Month One

1 to 2 sessions to break the acute compensation patterns. Sessions usually run 60 to 90 minutes.

By Month Three

Visits taper to every two weeks as your body stabilizes. A container keeps old patterns from returning.

Every Day

10 to 15 minutes of posture, breathing, or vagus nerve drills to lock in each session's changes.

After deep work: give yourself 24 hours before intense, high-impact training, and notice your posture, gait, and stress triggers.



WHERE DOC COMES TO YOU

Bexar County

Every weekend · \$75

The Dominion, Stone Oak, Shavano Park, Alamo Heights, Helotes, Timberwood Park, Universal City & more

West Hill Country

Every other week · \$75

Boerne, Comfort, Bandera, Fair Oaks Ranch. Blanco monthly, \$125.

East Hill Country

Every other week · \$75

New Braunfels, Canyon Lake, Bulverde, Cibolo, Schertz, Seguin, Marion. Wimberley & San Marcos monthly, \$125.



Booking Policies

- **Book at least 36 hours ahead.**
- **Reschedule anytime, free.**
- Cancellations inside 12 hours carry a \$75 fee.
- All messages and scheduling run through your secure portal.



HSA/FSA Friendly

Sessions may qualify with a Letter of Medical Necessity. Scan to generate yours. Eligibility depends on your plan.



PACKAGES

Which Commitment Is Right for You?

Every package waives travel and opens wholesale access to the QíKiSol Apothecary.

Focused Integration

\$1,099

6 hours · 1 person · valid 6 months

- Concentrated neuro-somatic block for stubborn nerve guarding
- 1.5-hour visits, travel waived
- Welcome kit + Golden Ticket

FLAGSHIP

KINetic Container

\$2,500

14 hours · up to 4 people · valid 9 months

- One shared balance for a household, team, or training group
- Group visits by the hour, travel waived
- Welcome kits + 2 Golden Tickets

Sovereign Retainer

\$4,000/mo

Weekly · renews monthly · travel included

- Weekly 90-minute visceral sessions
- Labs, nutrition consults, direct line to Doc
- Welcome box, milestone gifts + monthly Golden Ticket

REWARDS & EXTRAS

GOLDEN TICKET

Package holders: share the care. Your friend's first visit has **no travel fee (\$75 value)**. When they book again, you get **\$30 H-E-B + \$30 credit**; if they buy a package, **\$60 + \$60**.



Friend scans to book

KINetic Alignment Race

Book: every session counts toward your region's monthly total.

Refer: \$30 H-E-B + \$30 credit per friend, and it counts too.

Win together: at each milestone, one active guest in that region wins up to **\$550**.



See the live board

Loyalty Credit

\$5 credit for every 90-minute session; **\$10 for active military, tactical operators, and veterans**. Apply it toward a package.

QíKiSol Apothecary

Practitioner-priced supplements and lab ordering for package holders. Log in and follow Doc's picks; no pressure, no upselling.



● YOUR FIRST STEP

Ready to Reclaim Your Body?

Book at qikisol.com or tap "Ping Doc QíKi" to text Doc. Gift cards available in any amount.