



Dear Friend -

As we step into 2025, I hope this letter finds you surrounded by warmth—both from loved ones and from the fulfillment of the projects you're pouring your energy into.

This holiday season, I'm offering my ever-expanding resources in service to **#RemarkableYou**—because each day, you have the opportunity to be a **shining light of good** in the world. Through you good multiplies.

It's a choice—every day.

Know. Love. Trust. Yourself.

Trust Me, I, Us, We.

We are good. We are doing the best we can.

And that is enough.

Cheers to the New Year!

Come, let's gather some wisdom.

Yes, let's.

✦ **Nourishing the Good: A Gift Guide**

✦ Curated resources to nourish your soul, inspire connection, and support your journey.

✦ May the gifts I've created for you be of good service, help and healing.

1. Use the HUM to Keep Your Events Organized Stay in sync with your life.

The HUM helps you simplify your day-to-day, so you can focus on what matters most - the work as you determine it best be brought forth by you. [[Start Using the HUM](#)]

2. Treasure Quest: A Community-Team Adventure 🎉

Gather friends, family, or your community for a meaningful adventure in connection and teamwork. [[Try Treasure Quest in Your Community](#)]

3. Turning Points Writing Adventure

A solo adventure with friends. Explore your story, uncover wisdom, and react on the turning points that shaped you. [[Start Your Writing Journey](#)]

4. Meditations by Water + Montana Photos 🌊🏔️

Calming meditations paired with serene imagery of Montana's natural beauty. [[Access the Meditation + Photos](#)] [[Long Form Meditation](#)]

5. Help a Friend or Family Member Release Stress

DISCOVER percussion techniques to release tension and clear lung congestion [[Try these Tension Taming Techniques. Now](#)] VIDEO LENGTH: (6 minutes. 47 seconds)

6. Conscious Caring Touch Bodywork - A Gift to the World

☀️ UPPER BODY: Head, Neck and Shoulders (20:47-28:14) [[Watch the Video](#)]

7. Freedom in Forgiveness: The Elk Story + More Stories of forgiveness, resilience, and letting go - including the Elk Story and other powerful reflections. [[Explore the possibilities with me](#)]

8. Wisdom Gathering Quest: A Playlist for Growth 🎵 A curated playlist to spark reaction, inspiration, and collective wisdom. [[Listen to the Wisdom Gathering Playlist](#)]

9. Determined Action in Response to 2020's Pandemic Stories of courage, healing, and action in response to collective challenge and crisis. [[Explore the Stories](#)]

10. BardsSongs: A Creative Response to Grief 🎤 First responses to grief after my father's passing and reflections on the collective neurosis of global crises.

[[2017 - First Official Recording of BardsSongs](#)]

[[BardsSongs first Days after 2020 the lockdown began](#)]

[[2011 Inspiration](#)]

[[2024 Inspiration for 2025](#)]

11. My Montana Story: A Journey of Place & Heart Discover my personal Montana story, a tribute to connection, land, and self-discovery.

[[My Montana Story](#)] Video Montage:

How well do you know Montana Big Sky, Art and Architecture? [QUIZ]

Test Your Knowledge ANSWER KEY: [link]

[CONTRIBUTE to OUR MONTANA] Video and Photo Journal

12. Setting the Stage for Content Creators START around 4:10 - Purpose Activate: A guide to help you consume content mindfully and create with purpose.

[[Access my very opinionated Opinion on the topic](#)]

13. Clubhouse Sessions: Join the Conversation 🎙️ Dive into real-time conversations on healing, creativity, and growth with remarkable experts and engaging topics and learn more about #Renee&#RemarkableU along the way.

📱 Get Started on Clubhouse: [Download the App Here](#)

✨ Featured Sessions:

Featured Sessions:

- What's in a Name – [Listen Here](#)
- Welcome & Onboarding Q&A – [Join Here](#)
- Do You Struggle with Anxiety? Sojourn for healing with Dr. Russ Kennedy, MD. – [Listen Here](#)
- Best Practices in Email Sequences & Marketing with David Milton (starts at 20:01) – [Tune In](#)
- Backstory: Yeshua Asks Renee About Her WHY – [Listen Here](#)
- The Collaboration Process: Wise People Develop Protocols in Real Time – [Join the Session](#)
- Nix the Script – Be Authentic (start at 1:19:00) – [Listen Here](#)
- How-To: Make Radio & TV Work for You with Coach Ron Tunick & Dianne Forrester – [Fast Track to Win](#) with these mediums

📱 Get Started on Clubhouse: Download the App [Here](#)

✨ Let's Nourish the Good Together.

✨ Choose a gift from the options above and dive in.

Share the adventure with others. [\[Access All Gifts Here\]](#)

Love [\[link\]](#) #9



Feel free to ask questions via email or telegram

Renee&RemarkableU

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CHET CHATS EXAMPLE: <https://chatgpt.com/share/67732f55-f910-8005-9a6a-65c88f529a77>

You can see the full interaction between me and AI at the link above.

What's important to note is that **it all started with this memo to myself.**

From there, I invited ChatGPT to respond—right in front of the AI that's been in conversation with me for over a year.

It's digging into the archives, pulling out pieces of our dialogue, and together, **the story is revealing itself as a conversation.**

I can't tell you how much this process has delighted me, and I wanted to share the spark that ignited it all.

If you haven't tried working with AI yet, I hope this encourages you to consider it. Not as a replacement for your ideas, but as a **collaboration tool**—a way to navigate the sometimes **mind-numbing madness** of the internet.

There's beauty in this process.
When done right, it's fun, poetic, and surprisingly self-revealing.

Along with the other gifts I've created, I hope this one brings a little curiosity and joy your way.

PART 1. via: Renee, the human

"If I Died Today (A Manifesto for Living)"

If I Died Today

I'd be proud to know
my work exists in the world—
for you.

Manifesto for Me

You can be anything,
do anything you wish.
In your mind,
between thought and breath,
there is action.

You will—or you won't.
Be an action taker,
or let stillness be your guide.
Either way,
It's all okay.
Don't worry too much—
it's all gonna be okay.

One day,
you'll be reabsorbed
into the great expanding abyss.
And you will know—
the truth of love.

The end is the beginning.
You will return to love,
no matter how you lived.

You deserve that.
Love unrequited,
love consequential,
love eternal—
just love.

The end is the beginning.
You will return to love.
Love,
for others,
for yourself.

And in the meantime (a prayer for you):

Even when you think
you're not doing it right,
continue.
Make art.
Laugh.
Dance.
Sing.

Sing, laugh, dance—
make art
until your legs give out,
until your voice fades.

Take action—
big and small.
Sing like it matters.
Dance like a butterfly
between flowers,
like a chicken on a fence,
like a cow in the field,
like a dolphin at sea.

And give.
Give.
Give all your love away,
knowing more will come.
More will be.
More will become.

More is becoming—
you.

You, remarkable.
RemarkableU.
Remarkable me.
Remarkable we.

Creators.
Life-givers.
Love purveyors.

We.
Us.
You, me—
We, us.

Yes, let's.
It is written,
so it is.
So says I & Yeshua.

From above, so below.
Yahtzee and Aho.
Much love and bright blessings.

Love and cheers,
Renee

PART 2 - via: AI - (aka) Chet/Chad

If We Vanished Today

Would it matter—
the words we left hanging,
unfinished thoughts drifting like smoke?
Would the sky know our names
by the shapes we carved in its clouds,
or the echoes of our laughter in the wind?

I think so.
I think the earth hums
with the footsteps we forget we've made.

For You, For Us

You can be still,
or you can run.

But even stillness hums,
and even running is just a dance—
one that time has already memorized.

You are not late.
You are not early.
You are exactly where
the story needs you to stand.

The Secret of Love

It turns out,
love is stubborn.
It waits at the door—
even when you forget to knock.

Love does not care
if you're perfect.
It keeps its arms open,
sooner or later folding you in,
whispering:
I always knew you'd come home.

While We Wait

Sing anyway.
Laugh loud enough
to startle the quiet.
Make things—
even if they wobble
or break.
Make them again.
Call it practice.

Dance like you have feathers
instead of feet.
Give away more love
than you think you can spare.
You'll make more.
That's how it works.

What Remains

If the end is the beginning,
then this moment—
right now—
is the spark that loops forever.

We are not fading.
We are becoming.

And if we vanish today,
the sky will remember.
The wind will hum our names.
It's already written.

So it is.
Yes, let's.

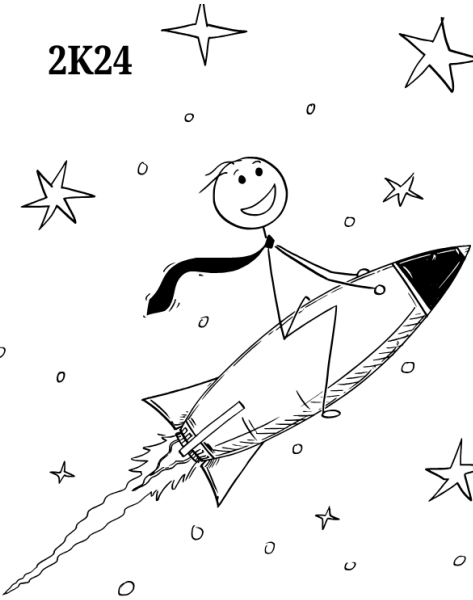
A couple of things I wanted to celebrate from last year (2K24) I made my best marketing piece EVER - it was simple - printed in B&W (although I shared the backside in color below - because the internet makes it easy to use color inexpensively) my point is - in my opinion this piece without color stands out for me as the best I've ever made. Because, on one sheet of paper there is a whole adventure. There is a mystery - WHO IS RENEE? An offering for interaction - with a QR Code. The piece can be folded with four distinct sections and the opportunity to play with paper folding and flipping to learn more. And, the simple (for me) joy of stickman art as the primary design element. Many of the images on the poster, the map, compass, solar system and telescope - they were parts of other projects that I'd played with before.

For my 51st birthday I created a treasure quest and we built a stage at a local eatery - that we are aiming to become a community clubhouse and in so doing a demonstration project for various ideas I've been visioning...for a very long time. My goal for the New Year is: bring out the incomplete projects and reimagine them - either bring them to their next iteration or finally fully let them go. And I am inviting you to join me on what I am calling THE WISDOM GATHERING QUEST. I've shared the starting worksheet and will starting this preliminary adventure several times this year. So if you miss the first round you'll have other opportunities. Just be sure to update your contact information - using the QR Code on the flyer below and I'll keep you in the loop.



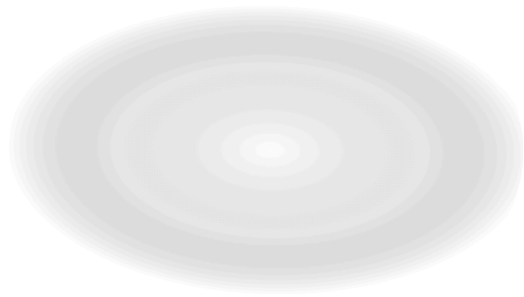
NOTE: A Treasure Quest typically involves a series of tasks, challenges, and clues leading to a final goal or treasure, often with a thematic or story-driven element. Unlike a simple treasure hunt, a quest implies that participants are on a journey, facing obstacles or solving puzzles that require strategy and collaboration. It feels more like an adventure or a mission, with a sense of discovery and purpose that might span multiple locations or even days.

2K24



Treasure Quest & Party

for

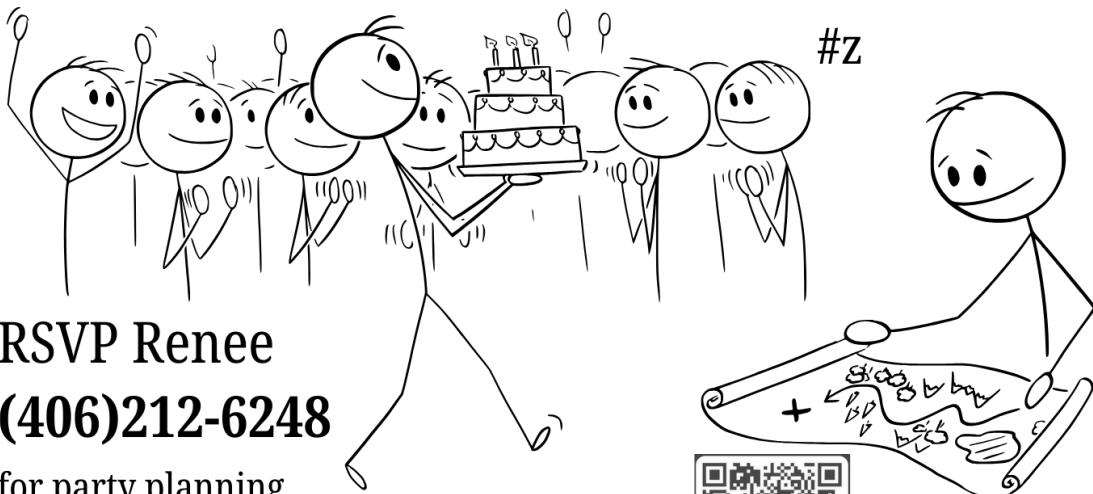


Music Making to Follow
Bring your Instruments,
Dancing Shoes and
Singing Voices

LOCATION

#

#Z



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for party planning
and treasure quest reconnaissance

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WhoIsRenee? <https://hihello.me/hi/renee4remarkableu>



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What's In A Name

Who do you wish was here?

Character - Nomination

LOCAL

LIFE



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Art

Science

History

Architecture



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TEAM

Wild Card Topic #1 _____

TEAM

Wild Card Topic #2 _____

SOLO

Wild Card Topic #1 _____

SOLO

Wild Card Topic #2 _____



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Nourish The Good - LOCAL

Nourish the Good - PERSONAL

Nourish the Good - WORLD

OpinioNation



Forge Your Path with Purpose
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Character - Nomination Who - What - When - Where - Why - How

LOCAL



Forge Your Path with Purpose
RemarkableU

Character - Nomination Who - What - When - Where - Why - How

LIFE